

Omega Phi Alpha Convention 2007

Wyndham Jacksonville Riverwalk

July 25-26

During the course of Convention there will be many opportunities to get out and explore Jacksonville. These activities may be of interest. Since some of them require a definite number of people to get a set price, which we can't guarantee until convention, we are unable to include them on the registration form. If you are interested in any of the activities, please email convention@omegaphialpha.org In order to secure Yoga or the River Cruise we need to know there's an interest. For all activities we'll have sign-ups on the first night of convention at which time you will pay. All events will be held during Free Time.

St. John's River Cruise

Join your sisters as we cruise down the St. John's River. Flowing North (yes North!) this 30 minute or 1 hour river cruise will give you the opportunity to see downtown Jacksonville and the Riverwalk while relaxing and enjoying the sisterhood. Departing from the Wyndham, this cruise option will be between \$10.00 and \$25.00 per person. Free time will be given to those who choose not to attend.



Yoga

One of the main interests of convention attendees last year was doing Yoga, and what better time to do it then when we are focusing on Women's Health. It just so happens that less than half a mile from our hotel is a business called Yoga Fusion. They have a set schedule for classes listed on their website, but we are currently working to set up a class special for OPA's. Each class can hold approximately 40 people, so if you are interested please email convention@omegaphialpha.org. We are hoping to hold classes Thursday and Friday evening. Yoga Fusion also offers many different types of classes, but we will probably stick with Yoga 101 so anyone can join in. On Fridays they have a donation based class entitled Solid Citizen Yoga where 100% of the donations will be given to a nonprofit organization.



<http://www.yogafusionofsanmarco.com/gallery.ht>

MOSH

For those interested in an educational experience while visiting, less than a half mile from our hotel is Jacksonville's beautiful Museum of Science and History, known as the MOSH. The MOSH offers a wide variety of exhibits, educational programs and even a planetarium. For only \$8 per adult the MOSH offers hours of fun.



<http://www.themosh.org/general/index.asp>

Jacksonville Landing

Located directly across the river from our hotel, this gem of North Florida, is the ultimate place to live life to the fullest. From elegant river view dining, to exclusive nightclubs buzzing with excitement, to outdoor concerts to shopping for the entire family, The Landing has it all.



<http://www.jacksonvillelanding.com/>

Eateries (within half a mile of the Wyndham)



Fresh food, friendly atmosphere.

<http://www.tidbitsfood.com/index.html>



<http://www.tropicalsmoothie.com/>



For a comprehensive list of all the eateries, shopping, and activities available in the downtown area check out the following website:

http://www.downtownjacksonville.org/content/?page_id=2

Also available: BB's Restaurant, Morton's Steakhouse, Panera Bread Co., Gino's Pizza, LaNopalera Mexican, and Quizno's Subs/Salads